DDS South Region - New Haven 370 James Street New Haven, CT 06513

The entrance to the DDS Offices is on the third floor. The training room is the first room to the left after entering the DDS South Region New Haven Satellite Office.

From the South:

- I-91 N toward HARTFORD.
- Take the STATE ST / US-5 exit- EXIT 5- toward FAIR HAVEN. 0.1 miles
- Turn RIGHT onto JAMES ST. 0.2 miles
- Turn right after 370 James St. The parking lot is behind the building.

From the North:

- Take I-91 South toward NEW HAVEN
- Take the WILLOW ST exit- EXIT 6- toward US-5 / BLATCHLEY AVE. 0.2 miles
- Turn LEFT onto WILLOW ST. 0.1 miles
- Turn RIGHT onto STATE ST / US-5. 0.1 miles
- Turn LEFT onto JAMES ST. 0.2 miles
- Turn right after 370 James St. The parking lot is behind the building.

Legislative Office Building – Hartford 300 Capitol Avenue Hartford, CT 06106

Traveling on I-84 East:

- Take Exit 48, Capitol Avenue, get into the right lane of the exit ramp.
- At the end of the exit ramp turn right onto Capitol Avenue.
- Take the first right past the Legislative Office Building, proceed to the back of the garage and take a right to enter the garage using the left hand lane (employees) or the right hand lane (visitors).

Traveling on I-84 West:

- Take Exit 48, Asylum Street, at the end of the exit ramp turn right at the light onto Asylum Street.
- At the YWCA turn left onto Broad Street, proceed through two stop lights, immediately after the Armory building take the first left and then another left at the end of the short access road.
- Follow this road around the garage to the back and take a right to enter the garage using the left hand lane (employees) or the right hand lane (visitors).

Traveling on I-91 North or South:

- Take Exit 29A, Capitol Avenue, proceed through the Pulaski Circle at the end of the long exit road.
- Take a right on Elm Street and turn left at Trinity Street.
- Go past the Capitol building and the I-84 entrance ramp, all on your right.
- Take the first right past the Legislative Office Building, proceed to the back of the garage and take a right to enter the garage using the left hand lane (employees) or the right hand lane (visitors).

Parking - Limited public parking is available on the first floor of the parking garage. There is a connector to the Legislative Office Building at the roof level. On-street metered parking and commercial parking lots are also nearby.